

A Publication for Friends, Supporters and Residents of The Welcome House

JOIN US MAY 11, 2017!

Welcome House 4th Annual Breakfast

With Special Guest Tom Watson and Keynote Speaker Darryl Strawberry

Described as a **baseball legend** for his dynamics of the game, the power he possessed at the plate, and his story of redemption that continues to bring hope to many lives, Darryl Strawberry will share his story of challenge, triumph, and inspiration at the 4th Annual Welcome House Breakfast.

The 8-time All-Star and 4-time World Series Champion, revered as one of the most feared homerun hitters of his time, will join forces with golf icon and generous Welcome House supporter Tom Watson, to continue the tradition of this high-caliber event for the benefit of Welcome House. Once again, Watson has graciously offered to host a round of golf with three lucky guests – two selected by raffle drawing, the other by live auction at the breakfast. Raffle tickets may be purchased online at WelcomeHouseKC.org beginning on April 1st.

The Journey



Welcome! You're reading the first issue of *The Journey*, an all-new publication for Friends, Supporters and Residents of the Welcome House. The new name evokes the humble reality of recovery: it is not a destination, but a lifelong journey.

More than a new name and a new look, *The Journey* is being re-designed and re-energized to serve as a vital link, connecting you and the community to our important mission: providing a high-quality, moral, and open residential program to recovering alcoholics and drug-addicted men facing the difficult transition from treatment, incarceration, and homelessness to reintegration back into society as productive citizens.

Thanks for your support! We hope you enjoy this issue and those to come.

WelcomeHouseKC.org



Darryl Strawberry

Other amazing raffle opportunities include:

- a KC Royals Ultimate Fan Getaway with airfare for two to Boston, tickets to the Royals vs. Red Sox game on July 29, 2017, and 3-night accommodations at the 5-star Boston Harbor Hotel with Boston Harbor View Room
- a Show Me Baseball Experience in St. Louis with two tickets to the Royals vs. Cardinals game on August 10, 2017, and 1-night accommodations at the Downtown St. Louis Westin.

The breakfast is free to guests of Table Captains who simply invite their friends, colleagues or family members. "Our goal this year is to garner the support of 80 Table Captains to help us not only fill the room, but raise awareness and funds to ensure Welcome House continues to thrive as a vital community asset," said Grant Baumgartner, Welcome House board member and this year's Event Chair. To serve as a Table Captain, visit WelcomeHouseKC.org or call 816.472.0760.



A day of golf with Tom Watson and Willie Wilson was a once-in-a-lifetime opportunity for winners of last year's raffle and auction. L to R: Laurie Martin, Tom Watson, Preston Fleenor, Dalton Jones, and Willie Wilson



Leading the Way

A Message from
Jamie Boyle, President/CEO



Dear Friends
of Welcome House,

As we present this all-new publication and the 2016 Annual Report within, it's as good a time as any to express our sincerest gratitude to the many who have

shared their support – through time, talent, and resources – with The Welcome House.

To our donors, funders, volunteers, lay counselors, Board Members and community – all those who have lifted up our mission: thank you!

This generosity truly has made a difference as we celebrated many significant milestones in our organization's history in 2016.

In addition to the highlights featured in the Annual Report, there are just as many successes achieved "behind-the-scenes." We've strengthened our organization in several key areas: finance, governance, employee benefits, fundraising, facilities and operations, and resident services. Together, we continue to enhance this vital community asset and resource for men and their families on the journey of recovery.

On behalf of the men whose lives are positively impacted by your caring and support, please accept our gratitude! Here's to a future filled with hope in Sober. Living. Recovery.

Warm regards,

Jamie

Our Mission → Welcome House is committed to providing a high-quality, moral, and open residential program to recovering alcoholics and drug-addicted men facing the difficult transition from treatment, incarceration, and homelessness to reintegration to society as productive citizens.

Our Vision → Welcome House is a nationally recognized model with a residential sober living recovery program that empowers recovering men to live meaningful and productive lives.

Ways to Help

Here's the short list of current opportunities and needs at the Welcome House. Please call 816.472.0760 or email Jamie@WelcomeHouseKC.org if you can help!

■ Serve as a Lay Counselor, Mentor or Recovery Coach

As a lay counselor, mentor, or recovery coach, you'll spend a few hours each month offering guidance, support, and encouragement to residents. Orientation and instruction provided.

■ Replace Aging Vehicles

Thanks to generous donors, we're on our way to replacing an aging fleet. One passenger van has been replaced, but we need to replace a second passenger van, a box-truck, and small mini-van. The vehicles are vital to serving the 80 residents and, because of age and mileage, have become increasingly difficult and costly to maintain. The box truck is used for a weekly Harvesters pick-up and day labor opportunities; the passenger vehicles are used for transporting residents to off-site recovery meetings, to jobs, job fairs, interviews, and more.

■ Serve as a Table Captain

We have a goal of 80 Table Captains for the Welcome House Breakfast event in May. Simply commit to attending and inviting nine friends, co-workers, family members, or neighbors. The event is complimentary.



Welcome House

Connect

The Welcome House
1414 E. 27th Street
Kansas City, MO 64108-2924

Phone: 816.472.0760

WelcomeHouseKC.org



facebook.com/welcomehousekansascity

Your support makes a difference!

Donate online at welcomehousekc.org/funding

Your in-kind donations of men's clothing, furniture, equipment, bus passes, or personal services are much needed and always appreciated. Please call 816.472.0760.

HIGHLIGHTS

→ **Kansas City Royals great Willie Wilson** was the keynote speaker at the most successful-ever Welcome House Breakfast in May 2016. The event raised more than \$154,000 with the help of golf legend and good friend of Welcome House Tom Watson.



Former Kansas City Royal and baseball legend Willie Wilson shares his triumphant story of recovery at the 3rd Annual Welcome House Breakfast.

→ **The Welcome House rehabilitative jobs program** provides short-term employment opportunities (15-20 positions) and Jumpstart, emergency employment assistance, to all qualified residents. In 2016, 74 men were employed in the rehabilitative jobs program and earned total wages of \$228,000. Additionally, Welcome House invested \$14,300 in Jumpstart support to give men opportunity, a sense of purpose and belonging, and income assistance.

→ **In 2016, over 25 volunteers** gave of their time and service in the lay counseling program at Welcome House. These volunteers are alcoholics and addicts in long-term recovery who are committed to our mission.



→ **In 2016, we continued to practice** the 12-Step programs of Alcoholics Anonymous and Narcotics Anonymous and held over 900 recovery meetings on-site.

→ **The Welcome House continued to diversify** its revenue sources in 2016, successfully earning more than \$40,000 in grant awards, and focused on extending its philanthropic reach in the Kansas City community through corporate sponsorship and individual giving.

→ **Welcome House University** was created in 2016 to provide workshops and educational content to Sober Living Recovery Program participants. Classes include Introduction to 12-Step Recovery, Relapse Prevention, Financial Literacy, Healthy Relationships, Smoking Cessation, Conflict Resolution and Professional Development. In 2016, 336 residents participated in 12 classes – nearly 200 sessions in all.

→ **To recognize and encourage residents,** the Welcome House continued the tradition of awarding a specially designed Welcome House coin to commemorate milestones in recovery. The coins are presented to residents before their peers at a monthly coin ceremony.



Welcome House continued its tradition of commemorating milestones in recovery with Welcome House coins.





Art of Recovery

In September 2016, Welcome House residents participated in The Art of Recovery, a team building activity sponsored by Valley Hope of Atchison and First Call.

Freedom from Smoking

Residents benefit from American Lung Association's Freedom from Smoking classes led by the Jackson County Health Department.



Welcome House

Board of Directors

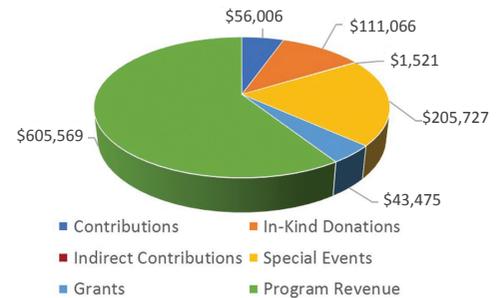
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- Jamie Boyle, President/CEO
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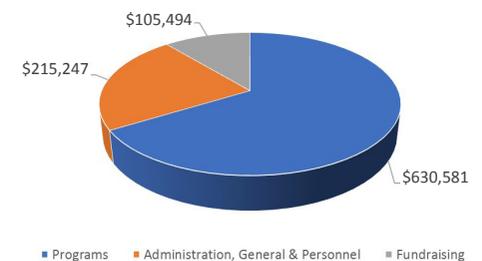
FINANCIAL REVIEW

January 1 to December 31, 2016

Charitable Contributions and Revenue



Expenses



Welcome House by the Numbers

- 365** Number of resident intakes in 2016, a 13% increase over 2015.
- 99** Average number of days our residents stayed at Welcome House in 2016.
- 8** Percentage of residents who have served in the U.S. military.
- \$557,000** Revenue generated from residents paying for room and board in 2016, a 36% increase over 2015.
- 74** The number of residents who were employed by the Welcome House rehabilitative jobs program, in program and facility support positions, during their stay.
- 650** The total number of days earned by residents participating in the Jumpstart emergency employment assistance program.
- 34** Percentage of residents who are challenged by both alcohol and drug addiction.
- 37** Percentage of residents who are challenged by alcoholism.
- 29** Percentage of residents who are challenged by drug addiction.
- 43,264** Number of meals served at the Welcome House in 2016, thanks to our partnership with Harvesters that maximizes our food budget. Additionally, Harvesters provided \$100,116 in in-kind food for our residents.



Thanks to a partnership with Harvesters, Welcome House served more than 43,000 meals last year.

Resident Spotlight: 3 Questions with Jeff

Jeff has been at the Welcome House since the fall of 2016 – residing, attending meetings, and working as the resident cook. He has this to say about his journey in recovery:

1. How has the Welcome House influenced your life and your recovery?

“The Welcome House is helping me recover my life in a direction that benefits me as a person. I am getting to know myself and learning to love myself no matter what. I am embracing the freedom to be responsible on my own with the discipline and structure to adapt to sober living.”

2. What have you learned about yourself during recovery?

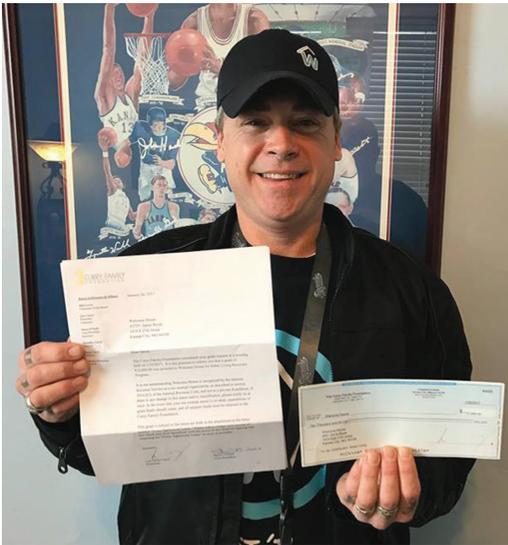
“I have learned that I am loveable. I don’t have to escape from myself with drinking and drugging. It’s about progress not perfection. It’s okay that I have flaws and make mistakes.”

3. How is your journey in recovery making you a better person?

“I’m learning daily to accept myself and others. I am a better person by letting God run the show. I am better when I am part of the solution instead of the problem. My focus is on staying spiritually grounded and realizing I am not in control.”



Jeff (far left) with Welcome House President/CEO Jamie Boyle and Pastor Keith Koch of Rolling Hills Presbyterian Church.



The Welcome House continues to expand its reach and capacity by cultivating meaningful relationships and funding from vital community partners. An award from the Curry Family Foundation for the Sober Living Recovery Program was one of many important contributions in 2016.



Community Spotlight: In Gear with Randy Curnow



His journey with recovery is something Randy Curnow puts “out there” like a shiny new car for all to see.

“I’m up-front about my life and my addiction,” said Curnow, who recently marked the 32nd year in his journey in recovery. “It keeps me grounded and real, and helps me be accountable to no other but myself.”

The owner of several auto dealerships, Curnow credits helping others as a key factor in his personal triumph. He finds solace, motivation, and strength in lifting others who are similarly

challenged. Curnow recently led the charge in helping Welcome House begin replacement of its aging fleet of vehicles, generously helping with the acquisition of a new passenger van.

“Kansas City has a great resource in the Welcome House,” said Curnow, noting that the business community can make a meaningful difference with their involvement and financial support. To learn more about opportunities or current needs, please call 816.472.0760.



Welcome House

The Welcome House
1414 E. 27th Street
Kansas City, MO 64108-292

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SAVE THE DATE

May 11, 2017

4th Annual

Welcome House Breakfast

Overland Park Convention Center

Visit WelcomeHouseKC.org

\$22/Day

This nominal amount has the power to feed, shelter, and transform lives!

The reality is this: each man who seeks a residential recovery program for alcohol or drug addiction requires much more than a roof over his head, three daily meals, and education about his disease.



- He requires constant attention to his symptoms and to any health complications from alcoholism.
- He benefits from emotional support as he develops awareness of how alcohol abuse has impacted his life and that of his loved ones.
- He requires compassion, accountability, understanding and support from staff, his sponsor, and his family.
- He needs access to recovery meetings, counseling, and ancillary services to ensure his recovery is well-supported.

That \$22 per day is an investment of exceptional value. Especially if you consider that Welcome House also invests approximately \$863 for each resident admitted, and approximately \$6,500 toward each successful graduate of the program. Together, this is still considerably less than the cost of a 28 or 30 day traditional residential treatment program, which can average from \$15,000 to \$30,000.

For residents who successfully graduate from the Welcome House program, that \$22 per day - \$154 per week - provides food, shelter, education, and support. It is an investment that nourishes, transforms, and opens doors to a new life filled with hope and possibilities!

You can help! Consider a monthly sponsorship of \$22, \$44, \$66 or \$88 – whatever amount suits your giving plans – to sponsor a few days of residency at the Welcome House. Visit WelcomeHouseKC.org/Funding.