



Welcome House

the journey

Summer
2017

A Publication for Friends, Supporters and Residents of The Welcome House

24/7

The round-the-clock mission of Welcome House ensures there is always time for a better life.



3:30 am

It's a new day. Eggs are cracking. Coffee is brewing. The Welcome House kitchen is in full swing, preparing about 60 breakfasts and 50 sack lunches.

5:30 am

Time for a quick breakfast before preparing for the day. Residents without transportation – which are many – pack everything needed for work or job seeking.

7:00 am

Residents catch the bus for work; some head to the library to job search online. Others hop on a house van headed to Midwest Periodicals or Factory Surplus, two companies that employ our program residents.

8:00 am

Micah Haen, Resident Relations Manager, begins a group meeting - either Alcoholics Anonymous (AA) or Narcotics Anonymous (NA) - which are held on-site 7 days a week.

8:45 am

Residents without employment participate in Jump Start, a program that provides an opportunity to work up to 20 hours a week at Welcome House for room and board credit. Their work includes painting, yard work, cleaning, and repairs.

9:10 am

A volunteer lay counselor meets 1:1 with residents. One session focuses on rebuilding trust in strained relationships; in another, a resident seeks guidance on his readiness to move to an apartment.

10:15 am

A truck is dispatched to pick up food at Harvesters. Last year, the food bank provided \$100,000+ in in-kind donations to Welcome House.

2:45 pm

A man steps inside the lobby seeking a new start – again. He is one of many referred from local shelters, agencies, hospitals, case-workers, or by word-of-mouth.

5:15 pm

Residents return from work or job seeking. Some complete assigned chores before heading to the dining hall where 70 more meals will be served.

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Residents without employment participate in the Jump Start program, an opportunity to earn credit toward room and board. Their work includes unloading food donations (top left) and providing yard maintenance (above).

Leading the Way

A Message from
Jamie Boyle, President/CEO



24/7. 365.

The Welcome House is always "open."

As you'll note in our cover story, ours is an around-the-clock mission. The hours turn into days. The days to weeks. And so goes our journey in recovery.

The "routine" of recovery - getting a job, attending meetings, engaging with a sponsor, and staying clean of drugs and/or alcohol - is anything but routine for those struggling with addiction. Welcome House ensures that residents have continuous access to people, resources, and support on which to build a foundation in recovery.

In time, our ordinary routine in sobriety gives way to an extraordinary life.

The same access extended to residents is available for men who have graduated from the Welcome House: we're always here, providing group meetings, lay counseling, support, guidance and accountability.

Of course, none of this would be possible without the ever-present generosity and support of donors, community partners, and volunteers like you, and for that we are eternally grateful!

Warm regards,

Jamie

Our Mission → Welcome House is committed to providing a high-quality, moral, and open residential program to recovering alcoholics and drug-addicted men facing the difficult transition from treatment, incarceration, and homelessness to reintegration to society as productive citizens.

Our Vision → Welcome House is a nationally recognized model with a residential sober living recovery program that empowers recovering men to live meaningful and productive lives.

Ways to Help

Here's the short list of current opportunities and needs at the Welcome House. Please call 816.472.0760 or email Jamie@WelcomeHouseKC.org if you can help!

■ Serve as a Lay Counselor, Mentor or Recovery Coach

As a lay counselor, mentor, or recovery coach, you'll spend a few hours each month offering guidance, support, and encouragement to residents. Orientation and instruction provided.

■ Teach a Welcome House University Course or Lead a Workshop

Are you a professional with knowledge or experience to share? We are always looking for additional instructors to teach basic rehabilitative and recovery skills, or to provide guidance or direction in a given area. Areas of interest include bankruptcy and taxation issues, navigating the legal system and addressing legal issues, and personal and professional development.

■ Donate new or gently used men's clothing

Some residents are in need of clothing suitable for the workplace: black pants, polos or button-down shirts (for restaurant work), jeans, and shoes. New undergarments and socks are always welcome.



The Journey is printed through the generosity of John Wendorff and Personal Marketing, Inc.



Welcome House

Connect

The Welcome House

1414 E. 27th Street
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Phone: 816.472.0760

WelcomeHouseKC.org



facebook.com/welcomehousekansascity

Your support makes a difference!

Donate online at welcomehousekc.org/funding

Your in-kind donations of men's clothing, furniture, equipment, bus passes, or personal services are much needed and always appreciated. Please call 816.472.0760.

Out of the Park!

4th Annual Breakfast sets new fundraising record to benefit Welcome House

With a major league vibe and nearly 800 friends of Welcome House packing the Overland Park Convention Center on May 11, the 4th Annual Breakfast set a new fundraising record, thanks to generous sponsors and donors.

Indeed it was a breakfast of champions: 8-time All-Star and 4-time World Series Champion Darryl Strawberry delivered his powerful message of hope and triumph over drug and alcohol addiction; and the legendary Tom Watson offered up coveted rounds of golf for the raffle and live auction. Altogether, the event raised more than \$220,000 for the life-changing programs at Welcome House.

Board member Grant Baumgartner, chair of the event, recruited 80 table captains – 24 more than last year - who, in turn, each invited nine guests. “Our Board, staff, and Breakfast Committee did a phenomenal job of getting behind the event,” said Baumgartner.

President/CEO Jamie Boyle considers the outpouring of generosity a testament to the meaningful work at Welcome House. “More than hope and encouragement, our programs are helping residents achieve the life they are determined to live,” said Boyle. “We are beyond grateful for our sponsors, table captains, their guests, and volunteers.”



Welcome House President/CEO Jamie Boyle (from left), Darryl Strawberry, Tom Watson, and event Chair Grant Baumgartner.



MLB All-Star Darryl Strawberry's story of recovery was one of humility, hope, and determination.



Welcome House Board Chair Rich McArdle (left) presents the Miracle Award to Kyle Kelly (center) and Pat Kelly (right).

Members of Rolling Hills Presbyterian Church were recognized for their very generous support of Welcome House. Attending the breakfast were (from left) Emily Sutphin, Ginger Donham, John Donham, Gordon Poeschel, Jim Day, Karen Day, David Lindley, Rev. Keith Koch, and Rev. Dr. Ted Pierce.

Photo credit/Robert Schraeder

WelcomeHouseKC.org

6:00 pm

Welcome House University classes begin. On this night, 16 men participate in a relapse prevention course taught by a First Call Recovery Advocate. Other topics include mental health and recovery; 12-step program basics, spirituality, financial literacy and relationships.

6:20 pm

Recovery Support Associate Tyrone Watkins is sharing resources to help a resident obtain state identification and dental care.

7:00 pm

The evening recovery meeting(s) begin. Recovery meetings are held on site as well as attended in other community locations 7 days a week. Welcome House provides transportation to off-site meetings

8:15 pm

Several men are selected for a random drug and alcohol screening. As part of its zero tolerance policy, Welcome House conducts the screenings regularly as a best practice in accountability.

9:00 pm

Residents head to their rooms to relax and prepare for bed, or socialize on the deck or in the TV room.

10:30 pm

Curfew and quiet time. Tomorrow is a new day in the journey of recovery – a day of opportunity and miracles for residents of Welcome House.



Each year, the members of Rolling Hills Presbyterian designate an "Easter Offering" to a worthy cause. This year they selected Welcome House and raised an impressive **\$31,188**, helping us purchase a new passenger van to help our residents get to work, attend outside meetings and much more! A big "Thank You" to Rev. Dr. Ted Pierce, and everyone at Rolling Hills!

Resident Spotlight: 3 Questions with John



John has been a resident at Welcome House since February of this year. He spends his days working as an auto detailer, and his evenings participating in recovery meetings and classes. John has this to say about his journey in recovery:

■ **1. How has the Welcome House influenced your life and your recovery?**

"The Welcome House has provided the direction and support that I needed to get on a positive path in my life."

■ **2. What have you learned about yourself during recovery?**

"I have learned that I can do more than I ever thought possible. I believe that if I apply what I've learned, the possibilities are endless."

■ **3. How is your journey in recovery making you a better person?**

"I'm learning how to hold on in life; to live clean, be grateful, and be of service. The 12-step program in my daily life is making me a better, stronger person each day."





In Step with John Hungerford Vice President, BMO Wealth Management

This loyal supporter of Welcome House shares his philosophy, passion, and “key” to recovery.

What sustains you in your personal journey in recovery?

There was a broken time in my life that truly served as an epiphany: a moment of surreal clarity as I went to grab for a key on the front seat of my car. What I picked up instead was a crucifix that was intended to be strung on a rosary. I knew right then, “Christ is the key.” It was a powerful sign that my faith could provide me strength in recovery and in life.



You’re passionate about your faith and helping others. How does that play out in your everyday life?

Aside from a rewarding career helping individuals and families reach their financial and life goals, I get immense joy and satisfaction in sharing the message of “Christ is the Key.” In fact, I turned it into a ministry (*ChristIsTheKey.org*) – not just for people in recovery - but anyone in need of encouragement and support.

You’re a longtime monthly giver to Welcome House. How did that come to be and why is it important to you?

As one who appreciates the mission, I contribute foremost to ensure Welcome House can continue serving men in recovery. Because this support was invaluable to me, I started giving about 17 years ago and have continued ever since. As a board member and current treasurer at Welcome House, I can attest to the positive impact monthly giving has on an organization’s year-round sustainability. It’s a way to show my support year-round.

Giving at Welcome House

Make no mistake:

All contributions to Welcome House are appreciated! But did you know that friends of Welcome House can leverage their support even more with a monthly gift? It’s a simple, secure, and meaningful way to ensure year-round sustainability. Your contribution can be a check mailed each month, or issued automatically from your bank account or credit card.

Other ways to help Welcome House:

- Donate a gift of appreciated stock or mutual funds;
- Consider a gift of property or real estate;
- If you’re 70 1/2 years of age or older, receive tax benefits with a charitable distribution from your IRA;
- Donate a paid-up life-insurance policy or annuities;

To learn more, visit
WelcomeHouseKC.org
 or contact Jamie Boyle
 at the Welcome House,
 816.472.0760



Welcome House

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SAVE THE DATE

Monday, Sept. 25, 2017

40th Anniversary

Kelly's Shillelagh Open

Swope Memorial Golf Course

Register or Sponsor

ShillelaghOpen@gmail.com

Visit WelcomeHouseKC.org

Be part of a Kansas City Tradition! Join us for the 40th Annual Shillelagh Open Golf Tournament.

Looking back, 1978 was a year to remember: a gallon of gas cost 63 cents; the Bee Gees' *Staying Alive* topped the charts, and the first cell phone made its debut.

It was also the year Kyle Kelly of Kelly's Westport Inn, and Kelly's day manager Larry Worth, launched the first Shillelagh Open Golf Tournament. A lot has changed in 40 years, but the fun, generosity, and spirit of the Shillelagh remain the same.

The tournament has raised more than \$1,000,000 dollars over this time for Welcome House, the tournament's cornerstone beneficiary.

Registration includes lunch, dinner, beverages on the course, contests, and Shillelagh swag. Register your threesome (\$175 per player) or enjoy valuable partner benefits as a sponsor. Visit WelcomeHouseKC.org or call 816.472.0760 for details.

